



**HIGH CALIBRE HOCKEY
BODY CONTACT AND BATTLE CAMP
AUGUST 6TH 7TH 8TH 2024**

AGES: 2011, 2010, 2009, 2008

DATES: AUGUST 6TH 7TH 8TH 2024

TIMES: 4:30-5:30PM

COST: \$175.00 PLUS GST (\$184.00)

LOCATION: SPORTS CENTER 1, COURTENAY, BC

OVERVIEW: OUR BODY CONTACT AND BATTLE CAMP WILL FOCUS ON GETTING PLAYERS READY FOR THE UPCOMING SEASON IN PREPARATION FOR CONTACT AND BATTLING. OUR FIRST DAY WILL BE A HITTING CLINIC THAT WILL GIVE PLAYERS THE OPPORTUNITY TO ATTEND ANY TRYOUTS, GAMES OR SCRIMMAGES THAT INVOLVE BODY CONTACT. THEN NEXT TWO DAYS OF THE CAMP WILL FOCUS ON BATTLE AND COMPETE DRILLS WHERE COACHES WILL HELP PLAYERS UNDERSTAND CONCEPTS OF BATTLE AND COMPETE AROUND THE ICE. THESE DRILLS WILL BE DONE IN A FUN, SAFE AND CHALLENGING ENVIRONMENT TO ENSURE THE SAFETY OF ALL PLAYERS. PLAYERS WILL BE GROUPED WITH THEIR OWN AGE GROUP, SKILL LEVELS AND SIZE TO ENSURE PLAYERS GET A REWARDING EXPERIENCE TO HELP IMPROVE THEIR CONFIDENCE WITH BODY CONTACT, BATTLING AND COMPETING.

FOR REGISTRATION PLEASE EMAIL: HIGHCALIBREHOCKEY@GMAIL.COM