



**HIGH CALIBRE HOCKEY
DEVELOPING DEFENSEMEN/WOMEN CAMP
AUGUST 19TH 20TH 21ST 22ND 2024**

AGES: 10 TO 18 YEARS

DATES: AUGUST 19th 20th 21st 22nd 2024

TIME: 12:15-1:15PM

COST: \$225.00 PLUS GST (\$236.00)

LOCATION: SPORTS CENTER 1, COURTENAY, BC

OUR DEVELOPING DEFENSEMEN / WOMEN CAMP IS OPEN TO ALL GENDERS, SKILL LEVELS OF DEFENSEMEN AND FORWARD PLAYERS LOOKING TO BUILD AND EXPAND THEIR SKILL BASE. PLAYERS WILL BE GROUPED WITH THEIR OWN SKILL LEVEL THROUGHOUT THE CAMP. WE WILL BE FOCUSING ON DEFENSEMEN SPECIFIC SKILLS: DEFENSIVE ZONE OPTIONS, GAP CONTROL, MAKING A GOOD FIRST PASS, FAKES, PUCK RETRIEVAL, NET FRONT TACTICS, BOARD BATTLES, ANGLING, OFFENSIVE OPPORTUNITIES AND OTHER DEFENSEMEN RELATED SKILLS. PLAYERS WILL BE CHALLENGED IN A POSITIVE AND ENCOURAGING ENVIRONMENT AND EACH SESSION WILL BUILD ON THE PREVIOUS ONE FOCUSING ON PROGRESSION BASED RESULTS.

REGISTRATION PLEASE EMAIL: HIGHCALIBREHOCKEY@GMAIL.COM

**** GOALIES ARE ½ PRICE OR \$50 WITH GOALIE DEVELOPMENT CAMP REGISTRATION ****