



**HIGH CALIBRE HOCKEY
SKILLS AND DRILLS CAMP
JULY 29TH 30TH 31ST AUGUST 1ST 2024**

AGES: GROUP 1: 2019, 2018, 2017, 2016

GROUP 2: 2015, 2014, 2013, 2012,

GROUP 3: 2011, 2010, 2009, 2008, 2007

DATES: JULY 29TH 30TH 31ST AUGUST 1ST 2024

TIMES: GROUP 1: 12:15-1:15PM GROUP 2: 3:15-4:15PM GROUP 3: 4:30-5:30PM

COST: \$225.00 PLUS GST (\$236.00)

LOCATION: SPORTS CENTER 1, COURTENAY, BC

OVERVIEW: OUR SKILLS AND DRILLS CAMP WILL FOCUS ON SKATING, PUCK CONTROL, PASSING, SHOOTING, AND OTHER SKILL DEVELOPMENT. THIS CAMP IS OPEN TO ALL LEVELS AND PLAYERS WILL BE GROUPED WITH THEIR OWN SKILL LEVEL THROUGHOUT THE CAMP. PLAYERS WILL BE CHALLENGED IN A POSITIVE AND ENCOURAGING ENVIRONMENT AND EACH SESSION WILL BUILD ON THE PREVIOUS ONE FOCUSING ON PROGRESSION BASED RESULTS. THE FIRST HALF OF THE PRACTICE WILL BE DEDICATED TO INDIVIDUAL SKILLS: POWER SKATING, EDGE WORK, PASSING, SHOOTING, AS WELL AS OTHER ASPECTS OF SKILL DEVELOPMENT. IN THE SECOND HALF PLAYERS WILL BE BROKEN INTO SMALL GROUPS AND WORK ON GAME SITUATION DRILLS AND SMALL AREA GAMES THAT WILL TRANSLATE INTO ACTUAL GAME PLAY.

FOR REGISTRATION OR QUESTIONS PLEASE EMAIL: HIGHCALIBREHOCKEY@GMAIL.COM

**** GOALIES ARE ½ PRICE OR \$50 WITH GOALIE DEVELOPMENT CAMP REGISTRATION ****