



## **REP PREP SCHEDULE**

**2024**

### **GROUP 1 – 2016,2015,2014**

**DAY 1. AUGUST 9<sup>TH</sup> 2024**

**ON ICE – 7:00-8:00 AM - SC1**

**DRY LAND TRAINING – 8:30-9:30AM – VANIER TRACK**

**ON ICE – 3:15-4:15PM – SC1**

**DAY 2. AUGUST 10<sup>TH</sup> 2024**

**ON ICE – 6:15-7:15AM – SC1**

**DRY LAND TRAINING – 7:45-8:45AM – VANIER TRACK**

**ON ICE – 10:00-11:00AM – SC1**

**DAY 3. AUGUST 11<sup>TH</sup> 2024**

**ON ICE – 12:15-1:15PM – SC1**

**DRY LAND TRAINING – 1:45-2:45PM – VANIER TRACK**

**ON ICE – 4:00-5:00PM – SC1**



## **REP PREP SCHEDULE**

**2024**

### **GROUP 2 – 2012-2013**

**DAY 1. AUGUST 9<sup>TH</sup> 2024**

**ON ICE – 8:15-9:15AM - SC1**

**DRY LAND TRAINING – 9:45-10:45AM – VANIER TRACK**

**ON ICE – 4:30-5:30PM – SC1**

**DAY 2. AUGUST 10<sup>TH</sup> 2024**

**ON ICE – 7:30-8:30AM – SC1**

**DRY LAND TRAINING – 9:00-10:00AM – VANIER TRACK**

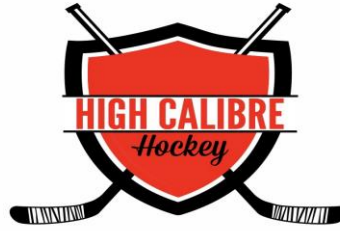
**ON ICE – 11:15AM-12:15PM – SC1**

**DAY 3. AUGUST 11<sup>TH</sup> 2024**

**ON ICE – 8:45-9:45AM – SC1**

**DRY LAND TRAINING – 10:15-11:15AM – VANIER TRACK**

**ON ICE – 2:45-3:45PM – SC1**



## **REP PREP SCHEDULE**

**2024**

### **GROUP 3 – 2011-2008**

**DAY 1. AUGUST 9<sup>TH</sup> 2024**

**ON ICE – 12:15-1:15 PM - SC1**

**DRY LAND TRAINING – 1:45-2:45PM – VANIER TRACK**

**ON ICE – 8:15-9:15PM – SC1**

**DAY 2. AUGUST 10<sup>TH</sup> 2024**

**ON ICE – 8:45-9:45AM – SC1**

**DRY LAND TRAINING – 10:15-11:15AM – VANIER TRACK**

**DAY 3. AUGUST 11<sup>TH</sup> 2024**

**ON ICE – 7:30-8:30AM – SC1**

**DRY LAND TRAINING – 9:00-10:00AM – VANIER TRACK**

**ON ICE – 1:30-2:30PM – SC1**

**ON ICE – 5:15-6:15PM – SC1**