



**HIGH CALIBRE HOCKEY**  
**SKILL DEVELOPMENT AND SEASON PREPARATION CAMP**  
**AUGUST 26<sup>TH</sup> 27<sup>TH</sup> 28<sup>TH</sup> 29<sup>TH</sup> 2024**

**AGES:** GROUP 1: 2019, 2018, 2017, 2016  
GROUP 2: 2015, 2014, 2013, 2012  
GROUP 3: 2011, 2010, 2009, 2008, 2007  
**DATES:** AUGUST 26<sup>TH</sup> 27<sup>TH</sup> 28<sup>TH</sup> 29<sup>TH</sup> 2024  
**TIMES:** GROUP 1: 12:15-1:15PM  
GROUP 2: 3:15-4:15PM  
GROUP 3: 4:30-5:30PM  
**COST:** \$225.00 PLUS GST (\$236.00)

**OVERVIEW:** OUR SKILL DEVELOPMENT AND SEASON PREPARATION CAMP IS A GREAT CAMP FOR PLAYERS LOOKING TO GET READY FOR THE UPCOMING SEASON. WE WILL FOCUS ON SKATING, PUCK CONTROL, PASSING, SHOOTING, AND OTHER SKILL DEVELOPMENT. THIS CAMP IS OPEN TO ALL LEVELS AND PLAYERS WILL BE GROUPED WITH THEIR OWN SKILL LEVEL THROUGHOUT THE CAMP. PLAYERS WILL BE CHALLENGED IN A POSITIVE AND ENCOURAGING ENVIRONMENT AND EACH SESSION WILL BUILD ON THE PREVIOUS ONE FOCUSING ON PROGRESSION BASED RESULTS. THE FIRST HALF OF THE PRACTICE WILL BE DEDICATED TO INDIVIDUAL SKILLS: POWER SKATING, EDGE WORK, PASSING, SHOOTING, AS WELL AS OTHER ASPECTS OF SKILL DEVELOPMENT. IN THE SECOND HALF PLAYERS WILL BE BROKEN INTO SMALL GROUPS AND WORK ON GAME SITUATION DRILLS AND SMALL AREA GAMES THAT WILL TRANSLATE INTO ACTUAL GAME PLAY.

**FOR REGISTRATION OR QUESTIONS PLEASE EMAIL: [HIGHCALIBREHOCKEY@GMAIL.COM](mailto:HIGHCALIBREHOCKEY@GMAIL.COM)**

**\*\* GOALIES ARE ½ PRICE AND ARE \$50 WITH GOALIE DEVELOPMENT CAMP REGISTRATION \*\***